



Motherlove®



Breastfeeding Products from Motherlove

Breast milk is the most complete food for babies, containing the perfect balance of nutrients essential for a baby's growth and development. Many experts, including the American Academy of Pediatrics (AAP) and the World Health Organization (WHO), recommend that women breastfeed exclusively for six months and continue breastfeeding alongside complementary foods until the baby is two years or older. Decades of research have shown that breastfeeding and breast milk have many benefits:

Benefits for Nursing Moms

- Built-in convenience and safety – feed a baby anywhere, anytime
- Less expensive than formula
- Longer sleep periods of 45 minutes or more
- Reduced risk of myocardial infarction, postpartum depression, ovarian and breast cancers, osteoporosis, and Type 2 Diabetes

Benefits for Baby

- Complete nutrition, which adapts to support a baby's changing needs
- Stronger immunity, and lowered risk of allergies, asthma, and infections
- Reduced risk of sudden infant death syndrome (SIDS), leukemia, juvenile onset diabetes, and obesity in childhood and adolescence

Many women stop breastfeeding prematurely due to perceived low milk supply. Low breast milk supply can be the result of many factors. We recommend mothers confer with a lactation consultant for help in determining the root cause of any issues related to breastfeeding.

Motherlove is dedicated to helping mothers provide the best start for their babies. Our safe and effective herbal formulas, made with certified organic herbs, help support lactation naturally.

For more information and to find a store near you,
go to **motherlove.com**

Herbal Blends

More Milk Plus

(fenugreek seed, blessed thistle, nettle leaf, fennel seed)
Motherlove's best-selling herbal lactation blend supporting breast milk supply for nursing mothers.

Not for use during pregnancy.

More Milk Special Blend

(blends the herbs in More Milk Plus with goat's rue)
Helps develop mammary tissue and support lactation for women with polycystic ovarian syndrome (PCOS), a history of breast surgeries, and adoptive moms who want to nurse.

Not for use during pregnancy.

More Milk

(blessed thistle, nettle leaf, fennel seed)
Formulated without fenugreek for those sensitive to this herb.

Not for use during pregnancy.

More Milk Two

(raspberry leaf, nettle leaf, alfalfa leaf)
For use when pregnant and breastfeeding an older child, or for support during tandem breastfeeding. Alcohol Free.

Single Herbs

Fenugreek

The liquid extract of a highly-recommended herb to support breast milk supply. Alcohol free. **Not for use during pregnancy.**

Goat's Rue

Known to support the development of mammary tissue and lactation.

Malunggay (Moringa)

Widely recognized for its nutritional benefits, it has been used by generations of breastfeeding women to support breast milk supply.

Shatavari

A rejuvenating Ayurvedic tonic that balances the female hormonal system, including breast milk production.

Additionally, Motherlove offers a line of body care products to support breastfeeding, birth, and baby. [Learn more at motherlove.com.](http://motherlove.com)



Call or email us with questions at
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